



Integrating Palliative Care and Cancer Care

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Progress and Problems

Good news . . .

- We know a great deal today about preventing, detecting and treating cancer
- Most cancers are linked to a few controllable factors- tobacco use, poor diet, lack of exercise, and infectious diseases.
- Targeted treatments are emerging that have fewer side effects and can improve quality of life for patients

Bad news . . .

- In most parts of the world, cancer is a growing problem
- Resources necessary to implement widespread programs in prevention, early detection, and access to effective treatment are not available in many countries
- Far too many cancers are found at later stages when they are less treatable and cause greater suffering



System Shortcomings

- Lack of attention to palliative care and/or symptom management
- Limited monitoring of late and/or long-term post-treatment side effects in survivors
- Inadequate and inappropriate end of life care

Need for Palliative Care is Growing

Palliative care
relieves suffering
and helps achieve
best possible
quality of life for
patients and their
loved ones.



- Symptom assessment and treatment
- Goal setting and care-planning
- Practical support
- Coordinated continuity of care



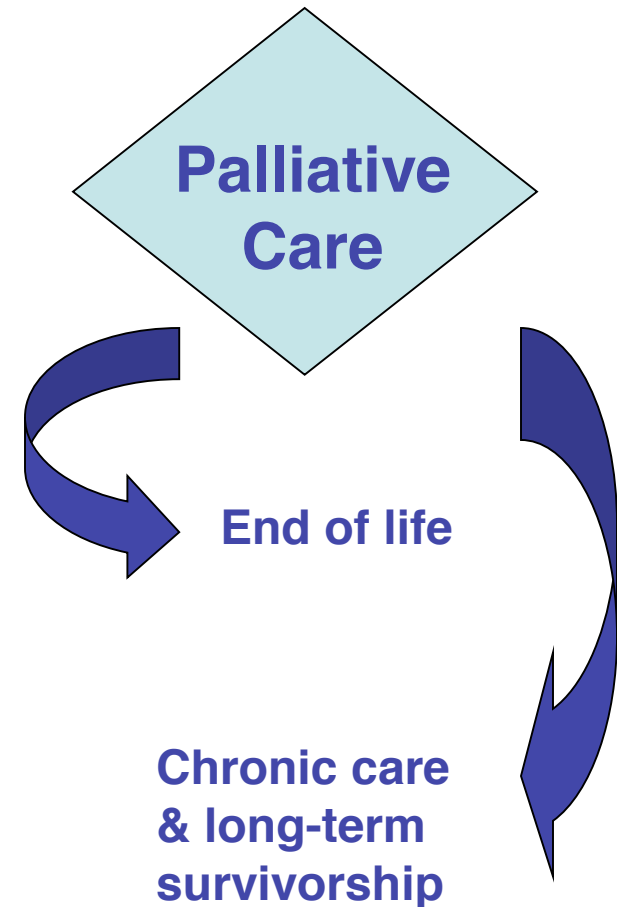
Key Phases in Cancer Care

- Detection
- Diagnosis
- Treatment
- Post-treatment/Survivorship
- End of Life

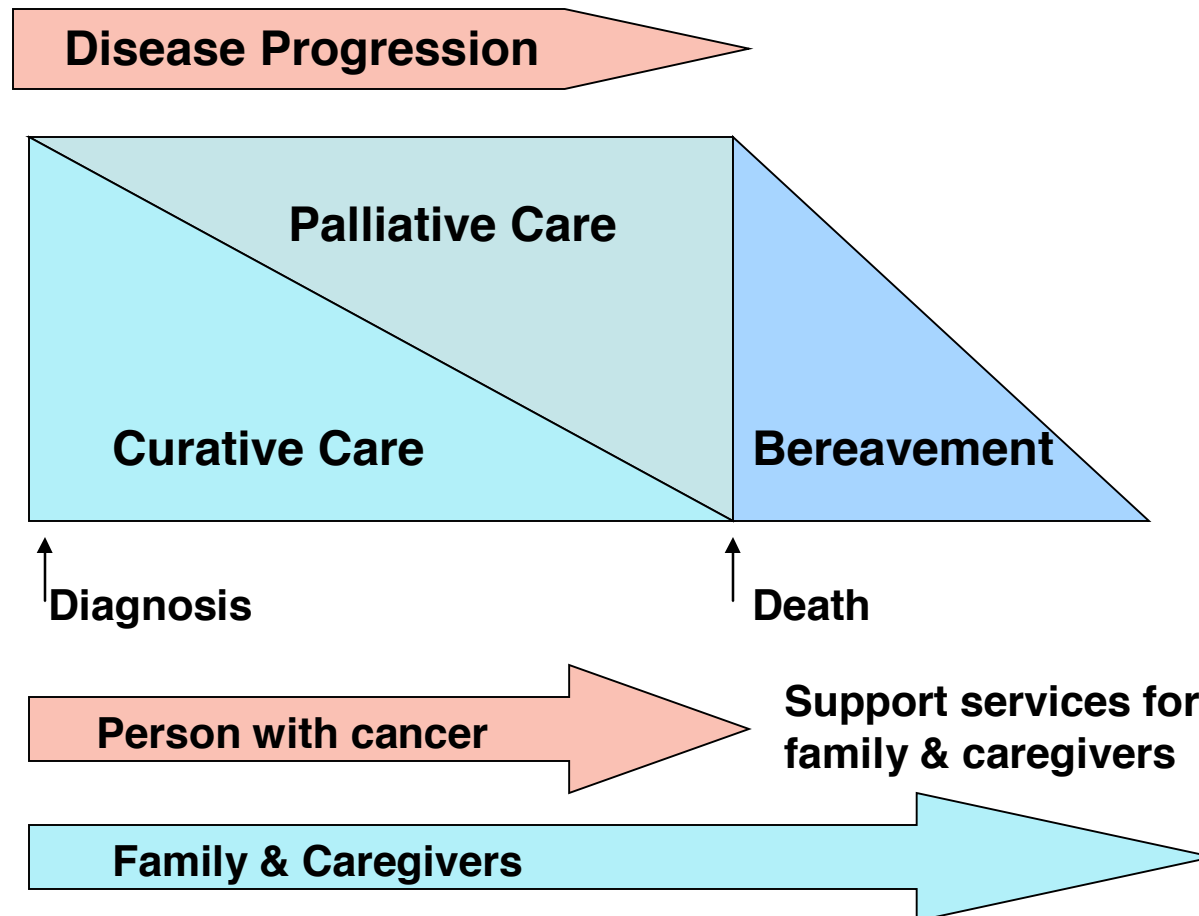
Goal: Decouple palliative care from death and integrate it across the cancer care trajectory

Concurrent Care: Cure & Quality of Life

- Care for patients and their families *from diagnosis through death or long-term survivorship*
- Provided at the same time as curative or life- extending interventions
- Based on rigorous, ongoing assessment of palliative care needs
- Addresses physical, psychosocial and spiritual needs
- Focused on maintaining quality of life.



Integrated Care Model



Adapted from *When the Focus Is on Care: Palliative Care and Cancer*, American Cancer Society (2005).



Barriers to Achieving the Optimum

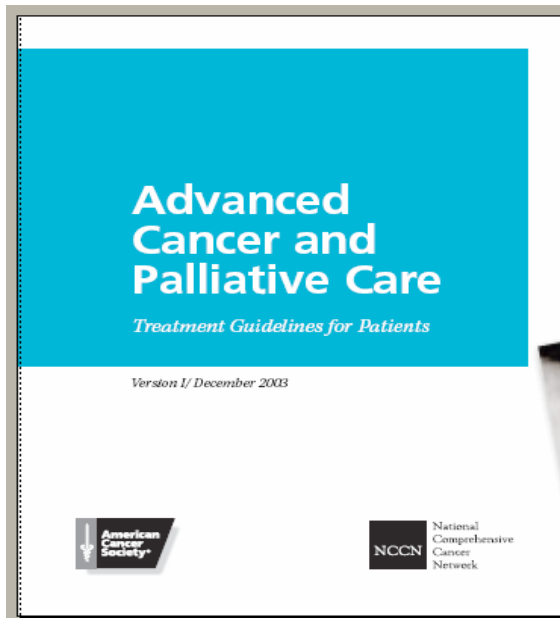
- Strong association with end of life
- Professional and public knowledge gaps
- Impediments to delivery
- Gaps in scientific evidence
- Reimbursement and resource allocation concerns



Society Action Steps

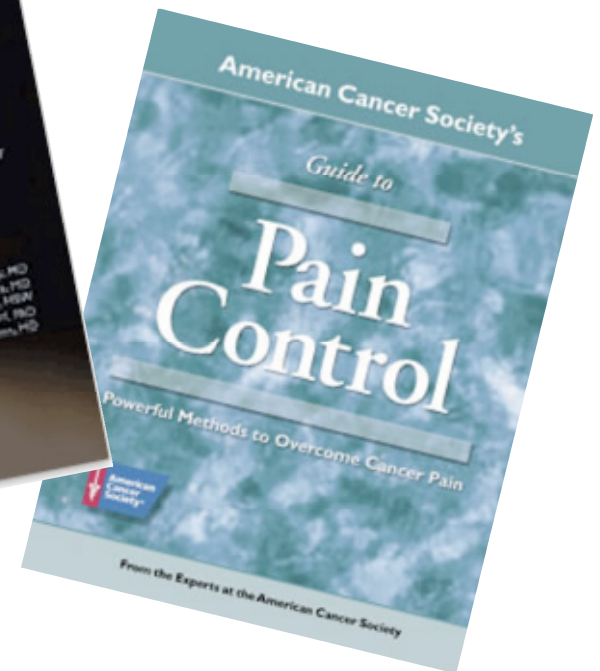
- Palliative Care Policy Principles
- Environmental scan
- Palliative care information
- Research Support
- Advocacy

Information, Education & Awareness



Relieving Cancer Pain **I Can Cope Online**

If you are concerned about cancer pain, you should know that pain can be treated...



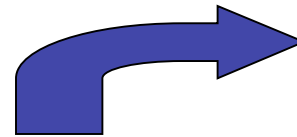
Promoting Research

- Partnership with NPCRC
- Request for Applications
- Research Retreats

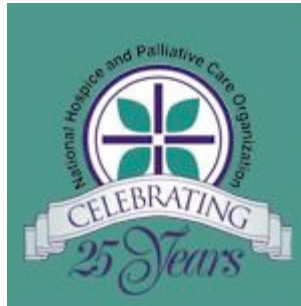


Advocating for Better Policies

- Pain Control
- Quality Cancer Care



Dedication and Bright Promise Ahead



www.cityofhope.org



Robert Wood Johnson
Foundation